

Mendota 5K River Run Registration Form

March 11, 2017

Mendota, Virginia

Schedule

9 a.m. 5K
9:15 a.m. One Mile Walk
10:30 a.m. Awards

Registration Fees

5K Pre-Registration (before March 1, 2016)	\$20
5K SFTC Registration	\$20
5K Regular Registration	\$25
One Mile Walk Registration	\$10

Awards

Overall, Top Masters, Top Grand Masters

Age Groups: 12U, 13-16, 17-20, 21-25, 26-30, 31-35, 36-40, 41-45, 46-50, 51-55, 56-60, 61-65, 66-70, 70+

* Plenty of door prizes * Headphones permitted on course *
Strollers permitted on course * Franklin Track Club King and Queen Event.

All awards are for Top 3 placing. Male and female awards. **For more info, contact Wayne at pitonina@bvu.net**

Circle Your Event and Shirt Size

5K Run / One Mile Walk | T-Shirt Size: S, M, L, XL, XXL

Provide Your Details

Last Name: _____ First Name: _____ Middle Initial: _____
Sex (circle): M / F Date of Birth: _____ Age on Race Day: _____
Email: _____ Telephone: () - _____
Address: _____
City: _____ State: _____ Zip: _____
Race Day Emergency Contact (Name and Phone): _____

Sign Application and Waiver

IN CONSIDERATION FOR ACCEPTING MY ENTRY IN THIS RACE, I FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE FOREVER ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE ORGANIZERS AND SPONSORS OF THIS EVENT. I ALSO RELEASE THE ABOVE NAMED FOR ALL CLAIMS OF DAMAGE DEMANDS, AND ACTIONS IN ANY MANNER DUE TO ANY PERSONAL INJURIES, PROPERTY DAMAGE, OR DEATH SUSTAINED AS A RESULT OF MY TRAVELING TO AND FROM AND MY PARTICIPATION IN SAID RACE. I ATTEST AND VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPETITION OF THIS EVENT. IN FILLING OUT THIS FORM, I ACKNOWLEDGE I HAVE READ AND FULLY UNDERSTAND MY OWN LIABILITY AND ABILITY.

Signature: _____ Date: _____

Note: If participant is under age of 18, parent must provide signature.

Send Payment

Make checks payable to: **Mendota Community Association**

Mail this form with payment to:

MCA/care of Wayne Hays
2567 Mendota Rd
Mendota, VA 24270